Here is the **full, exact, and precise English translation** of the entire provided Ukrainian text, arranged in natural paragraphs while staying as faithful as possible to the original wording, structure, and meaning:

Greetings, dear viewers, on my channel — Liubov Zavalniuk.
This episode was recorded on February 2, Monday,
simply during the day and not in the evening, because there are certain problems with electricity and the possibility of internet access.

Mr. Ihor, greetings to you. Good afternoon.

Mr. Ihor Mykheda is our guest today.
And I want to ask you, Mr. Ihor — right now we had such an interesting full moon, a very interesting one.
And in Odesa people even saw simultaneously in the sky such an astronomical and optical effect — when there is one Moon and next to it three more images of the Moon appear.
And the same thing happened on those very same days with the Sun.
What kind of radiation is this? Why does this happen?

The thing is, we have already discussed many times this day of power — Hromnytsia, which according to the ancient beliefs of all nations of the world takes place on February 12 and the night between them.
And every time very strong actions and processes occur in the world.

First of all, on the eve of this holiday many natural disasters happen.
For example, on January 31, before February 1, before Hromnytsia,
the famous prophetess Vanga was born.
She was born, and then — remember — what happened to her?
A storm lifted her up and she fell onto rocks, and from the impact she very seriously injured herself and went blind.
And after that the gift of clairvoyance opened in her.
This is exactly — she was born on the eve of Hromnytsia. That's what happened to her.

Next, if we take — remember when the group of tourists disappeared in the Ural Mountains under mysterious circumstances and it still isn't fully understood how they died.
And that also happened on January 31.
If we look, many expeditions in the Alps or, for example, in Africa — when they were storming African mountain peaks at that time — likewise either perished, disappeared, or something like that happened.
That is, very huge catastrophes occur before this holiday.

This is because the forces of nature come into motion, and they sometimes can destroy.
Most natural forces help people, do something good, but destruction is also present.
And when activation of power happens, it is enormous both in destruction and in creation.

And yesterday — the thing is that Hromnytsia, as you said, is the meeting of winter with spring.
That is, the biggest frosts and a significant part of winter have already passed, and spring is approaching.
And these are two opposite elements: fire and ice.
And this is the day of equilibrium between fire and ice.
And that is why exactly on this day opposites are balanced.
All opposites exist as one single scheme.

And what is interesting — yesterday morning in Alaska they saw four suns.
One ordinary sun — the one we see every day — and then phantom three more suns appeared in a row.
Uh-huh.
That was yesterday morning, and yesterday evening the same phenomenon but with the Moon happened over the Odesa region.
That is, there was one Moon and three more phantoms.

So in one part of the world there were four suns, in another part of the world there were four moons.
Here is this combination of opposites.
And the most interesting thing is that there were four there and four there — eight in total.
This is some kind of natural sign, a sign that some ancient forces are awakening.

Because when there are many suns and many moons, it means that some ancient forces are awakening.

The thing is, there are a lot of hypotheses that once upon a time not one but several moons orbited the Earth.
And there were also several suns in the sky.
By the way, our famous Oles Berdnyk, philosopher and writer, wrote about this.
He considered it a very interesting hypothesis. It was once published in the magazine "Vsesvit".

So there are very ancient stories that there were four suns above the Earth.
How is this possible?
It was believed that earlier the Solar System consisted of three huge planets.
That is, it was Jupiter (the one we know), it was Saturn, and it was Phaeton.
A huge planet the size of Jupiter.
And Earth, Moon, Mars, Mercury, Venus — these were satellites of that Phaeton.

If it is considered that we were a satellite of Phaeton, then look:
the first sun — Phaeton itself,
the second sun — Jupiter,
the third — the one that exists now.
And there was also a fourth small one beyond the boundaries of the modern Solar System.

And then some kind of cosmic catastrophe happened, it is not clear, during which that fourth sun went out, and Phaeton was destroyed.
Now this is explained as the asteroid belt between Mars and Jupiter.
And the satellites of Phaeton became planets — Mercury, Venus, Earth, Moon, Mars.

That is, now we have only one sun, and therefore on Earth it is not so hot.
And it is believed that precisely because so much energy stopped coming to Earth, many forms of life died, because they needed very great energy, and it decreased and they could not endure it.

Four suns.
And likewise they say that the Moon was not one either.
Other moons were destroyed as a result of some cosmic catastrophes, interestingly.
And here they — the phantom ones — appeared yesterday on Hromnytsia.

That is why it is said that this is a reminder of some ancient forces that existed back when the Solar System was only being created, only emerging.
And this is an echo of those forces and those events, of what they once were.
And now it is possible that some energies that existed in ancient epochs are returning in this epoch.
And this is their harbinger.

Uh-huh.
And what is interesting — the harbinger is very interesting — that almost an hour ago a strong earthquake with amplitude 5.1 occurred in the Sea of Azov.
And very many territories near the Azov and Black Sea felt this earthquake.

This is also interesting because earthquakes are unusual, and Hromnytsia very rarely coincides with a full moon.
But yesterday — between the first and second of February — there was a full moon.
A very bright, very large Moon in the sky.
It shone so strongly that it itself resembled that Hromnytsia candle, that big flame from the Hromnytsia candle.

Uh-huh.
That is, this foreshadows that something is beginning to change in the world.
This is a harbinger of changes.
Moreover, not only for Ukraine — this is a global harbinger.

Uh-huh.
I wanted to ask — how is the energy of changes now transforming for us on a large scale — the state system in the world, the political system in the world, landscapes are changing.
And how, in the universal, yes, in the cosmic sense, are changes happening?
They say that we are simply a reflection — as above, so below.
That means something is also changing in cosmic life, right?

Well, that's the way it is.
If we take any philosophical concepts and particularly Vedic ones, then there is the divine world in which there are prototypes of everything that exists.
And these prototypes are reflected on the next level, on the next, on the next.
And finally the physical level in which we now exist corresponds to these latest changes.

And by the way, we can take the example of dreams.
It is considered that first any event happens in the world of dream actions, and only then it happens on Earth.
That is, some event first arises somewhere in the divine world, then passes through the intermediate worlds.
We add here the world of dreams, and after that it happens already here.
And therefore we can observe an interesting thing: a person has a terrible dream, for example about some accident, and the next day he gets into a traffic accident.
Or, for example, a person sees himself naked in a pit in a dream, and the next day sees that he has a fever and goes to doctors.

That is, first something passes in one world, then it passes in the Nav world, and then already in the Yav world. Right — Yav, Nav.
That is, if, for example, you protect a dream so that bad events do not appear to you, then they will not happen in a dream, and likewise they will not happen on the physical plane.

Uh-huh.
So indeed something first happens in more complex worlds, then is reflected in ours.
That is, if it is reflected in ours, that means that in the more complex worlds everything has already been set in motion and everything is already happening.
And it will reach the point that this whole action will be embodied here with us, in our world.

Well, and you understand that this February will be a very interesting month for us.
First of all, right now Uranus has entered Taurus and at the moment it has stopped.
And Uranus is unexpectedness.
And right now this conjunction will cause — what will it cause?
Something secret will break free.
How many different secrets we will see that were hidden for decades, and now they are coming out.
And you see in the press that really a lot is coming out — things that no one could even think of before.

This is first.
Secondly, on February 17 there will be a solar eclipse.
This will be a heavy eclipse.
Eclipses always carry destructive properties.
This is transformation, this is destruction. Something is destroyed, something is created, but this is an element.
An eclipse is an element.
It is like a storm at sea.
If you do not control the situation, then the ship — the waves will throw it right and left, throw it onto rocks, wash it ashore or can take it into the abyss.
The captain can do nothing because these huge waves and this wind are more than human capabilities.

And likewise during an eclipse this is such a cosmic energetic storm, first of all energetic.
It very strongly shakes everything on Earth.
And if you perform rituals and direct the power of the eclipse into a beneficial channel — and this is possible, there are Vedic rituals for this — then we remain unharmed and all this transformation energy goes to our benefit.
But if you do nothing, perform no protective rituals and do not transform yourself to withstand the eclipse, then it will toss human destinies like ships are tossed by waves in a storm.

Uh-huh.
And this eclipse — it is clear.
Eclipses are always hard to go through.
This is the first full eclipse, therefore astrologers are sounding the alarm that it will hit all people on Earth very strongly.
It will be very harsh, it will cause a lot of different events.

And what is most interesting — it coincides with the Lunar New Year according to the Eastern lunar calendar.
That is, this eclipse will give a transformational impulse for the whole of 2026 and even into 2027 until the next sign according to the Vedic calendar.
Now there will be the Year of the Fire Horse.
The Fire Horse itself is transformational, super-transformational.
Last time — 1966, year of the Fire Horse — there were continuous protests against colonial regimes.
Very many countries, especially in Africa, began to fight for independence so as not to be colonies.
And all this struggle was successful. That is, they became free. The colonial system collapsed.

Well, and in China even in 1966 there was such an event as the Cultural Revolution, when
the Chinese government said that we do not need any history and all statues and paintings must be destroyed because it is bad and does not allow building the future.
After that they said that the Cultural Revolution was a mistake and began to collect all those paintings again, that it is very important for the development of the nation, but they realized that they had done something wrong there.
But this explosion of the Cultural Revolution also happened in the 66th year.

And many natural disasters, big tsunamis, hurricanes, various protests in different countries of the world. There were way too many of them.
People who lived through 1966 say that it was difficult and they barely survived it.
This year — indeed — the Fire Horse will give everyone a push toward transformation, and taking into account the eclipse, it will not be a one-day push but one that lasts a whole year.
And therefore we need to approach very responsibly the rituals that we must perform on the day of the eclipse.
We will definitely dedicate a separate episode to this closer to the event so that our viewers know how to protect themselves, how to transform the power of the eclipse for their benefit.

Uh-huh.
And after that there will be more interesting things.
For example, on the 28th there will be the so-called great alignment of planets.
It already happened a few years ago, and this phenomenon repeats.
Six planets will line up in a row above the horizon.
They will be visible one next to the other. You will be able to draw a line through them.
Six planets of the Solar System will stand in a line.

Well, this is very interesting because it is considered that the cosmos is an intelligent being and our Solar System is an intelligent being.
And if we compare this cosmic being with a human, then what planets are for the Solar System, chakras are for a human.
Therefore, when planets line up, our chakras are also activated and a so-called chakra bridge is formed.
That is, when all chakras are activated, they become a bridge from our world to the spiritual world.
Our soul can see higher spiritual worlds and receive energy and information from them.
And this is exactly what the cosmos will lead people to — a state in which we can receive information.

That is, as we see, in February there will be a lot of interesting events.
By the way — and Maha Shivaratri.

Uh-huh.
Maha Shivaratri is a very interesting event.
In fact, it is the same as our Daž Boh Greatday (Easter of Dazhboh).
Uh-huh.
It is one and the same — Mother Nature.
What is Daž Boh Greatday, which most Ridnovirs celebrate from the 4th to the 5th of April?
It is the return on Velosova night — nature left our world of Yav for the world of Nav, the otherworld, and on April 4 it will begin returning from the otherworld into Yav and the blossoming of nature will start.
That is, Mother Nature is returning.
And this can be said to be the marriage between Heaven and Earth, between, let’s say, Shiva and Shakti.

In our tradition it is according to the solar calendar, but in India there are also two calendars.
And in India and in China we are simply used to the fact that the lunar calendar is used more often than the solar one.
And therefore the dates of great holidays constantly migrate relative to the solar calendar because they are lunar.

And therefore, say, according to the lunar calendar Maha Shivaratri falls on a different day every year.
But if we take the solar-lunar calendar, which by the way is also used by Brahmins (though not as widely),
just as in India, just as in China — solar calendars — their dates are fixed according to the Sun, that is, they do not change.
Therefore if we take the solar calendar, then the same Maha Shivaratri falls on April 5 for us — just like Dažboh’s Greatday.

But okay — Maha Shivaratri on the 14th.
What is it?
Many people do not know — Ratri.
First of all, Ratri is the great goddess of the night.

And by the way, she teaches people magic.
And she is the protector of all magicians who practice magic in the Vedic tradition.
If someone tries to offend a Brahmin or a mage of the Vedic tradition, then the goddess Ratri releases a supernatural being called the Cobra of the Night.
And this Cobra of the Night begins to destroy the enemies of the mage or Brahmin.
Moreover, they do not even know about it.
Goddess Ratri releases the Cobra of the Night. She makes protection and returns back into the same night from which she was released.
This is by the way a very interesting thing.

And secondly — Ratri is generally marriage.
First of all, I have a lot of acquaintances and colleagues who live in India.
Well, we collaborated with India in the tourism sphere because I organized pilgrimages to various holy cities for those who follow the Vedic tradition.
And we communicate.
So — all weddings in India are concluded at night, not during the day like with us — at night.
And this night — and also the goddess of the night — is called Ratri.
For example, my colleague in tourism from Delhi — his wedding ceremony was performed by Brahmins in the temple before sunrise, and before that they chanted mantras in the temple all night.
The ceremony itself took place before sunrise.
And this night when weddings are performed is called Ratri.
That is — marriage.

And Maha Shivaratri is the marriage of Shiva himself.
And with whom? With Shakti.
With the great power of the Great Mother who created the Earth.
When Shiva and Shakti unite, they can create enormous things.
A huge creative impulse goes throughout the entire universe.
And everything begins to return to life, come alive, receive strength, flourish, grow.
This impulse is exactly what Maha Shivaratri is.

And we go through it twice — once according to the lunar calendar, the second according to the solar one.
And what is interesting — an interesting ritual that we can do, our viewers — I actually did it myself and recommended it to people.
Very simple.
On the day of Maha Shivaratri buy a blue mug, a blue cup, because blue is Shiva's favorite color.
Exactly on this day you must purchase a blue cup.
And it instantly becomes a talisman for luck and for increasing prosperity.
And it should stay with you constantly.
You should drink water from it, offer it to higher powers when we offer — pour water, offer it.
And as long as this cup exists, it will perform two functions.
First — it attracts luck.
And second — it wards off dangerous events.
For example, if we perform such a ritual and we have such a cup, then some explosion or some event will not cause destruction to you — if there are any troubles, they will be the kind that can be overcome, and you will be protected.

And this cup should be used in everyday life for the whole year until the next Maha Shivaratri.
Such a simple ritual.
Well, it is actually even simpler.
So before Maha Shivaratri…

Uh-huh.
And that is why before Maha Shivaratri so many blue cups are bought all over the world that in many countries you cannot even find them in stores anymore, because everyone knows this moment.

Ah, Mr. Ihor — on Maha Shivaratri we also once participated in the night of prayer to Shiva.
These are sacred pujas, reading of mantras, yajnas…
How can one celebrate Maha Shivaratri in the most beneficial way?
After all, Maha Shivaratri falls on the 14th and the dark corridor already begins two or three days before it.
How can one secure the support of Shiva to pass through this difficult period, since Shiva is the god of transformation?

Yes, the thing is that the Shiva–Shakti dyad is very interesting.
I will explain for those who may not fully understand yet.
These are two forces that support and create the universe.
One can compare it this way: in our electricity is transmitted through wires.
One wire is neutral, the other is phase.
If you grab the neutral, you won't even feel the current.
If you grab the phase — you get a strong shock.
That is, nothing passes through the neutral wire, all the energy passes through the phase.
But both wires are necessary to conduct energy.

This is the same analogy — as in heaven, so on earth.
For example, I want to heal people.
A person comes to me and says: "I have a very strong headache. Help."
What do I do first?
First I set an intention. I want to help this person recover. I want to heal them.
They asked for it. It must be done.
And I make such an affirmation.
Here is Shiva.
I set a stable result, a program of stable result — to heal the person.
Then I start reading mantras and through me — as through any person who reads mantras — energy begins to flow.
And we feel that some force is passing through us.

The body can become either cold or hot, or you may even want to dance.
There will be, well, like ants crawling over the skin.
This is energy moving — this is Shakti.
And we give our body to this energy.
And this energy begins to control the body.
We raise our hands up, lower them, we dance, we make certain gestures and we ourselves do not even understand whether we are doing it or whether the great goddess Shakti is making the necessary movements through our body.
And after that we begin to dance in space somehow.
Some force appears and begins to suggest that we dance.
But there comes a moment when this force has danced itself out and the hands freeze.
And the person says: “Thank you very much, the headache is gone.”

That is — when we were dancing, there was movement — that was Shakti.
And always in the world there is a basis and there is energy that revolves around this basis.
Or, for example, the nucleus of an atom is stable, and electron clouds revolve around the nucleus.
This is the same movement.
The entire universe is built on Shiva–Shakti.
There must necessarily be these two poles.
Without either of them nothing happens.
And it is on Maha Shivaratri that these two poles begin to act simultaneously.

Well, to make it clear — what kind of meditation happens before this.
The thing is that in Hinduism Shiva is one of the manifestations of Adi Brahman.
Likewise — Shiva is Adi Brahman, Vishnu is Adi Brahman, Krishna is, Golden Light is.
This is all Adi Brahman.
Adi Brahman is one.
It is simply that we see Him from different sides, but in reality it is the same God and no other.
He is one in reality, even though we perceive Him in different manifestations.
Diversity in relation to manifestations, unity in relation to essence.

So with Adi Brahman one first connects by giving all one’s love to the Great Mother, the Great Mother of the universe, goddess Shakti, who at this moment is embodied in goddess Bhumi.
Goddess Bhumi is the goddess of the Earth.
We stand on Her and live on Her.
She is embodied in the Earth.
We give love to Mother Earth, to goddess Bhumi.
And Shakti — still inside goddess Bhumi — is in Her heart.
And Shakti gives us Her love.
This love passes through the legs, reaches the first chakra, activates it.
We renounce fears, we say that we are not afraid of anything and we activate the first chakra.
It goes further to the second chakra.
There we get rid of feelings of guilt.
It reaches the third chakra — we get rid of insecurity.
It reaches the fourth — we get rid of depression, apathy, laziness, envy.
It reaches Vishuddha.
We get rid of transmitting false information.
And everything we were hiding from ourselves — we release into freedom.
After that it passes through the third eye — we release illusions.
It passes through Sahasrara — we release excessive attachments to some phenomenon or person.
And when we have done all this, when all Shakti has passed through all the chakras — that chakra bridge we talked about is formed.
And after that Shakti flies into the sky and begins to dance.
And there She joins Shiva, who also begins to dance the dance of Shiva–Shakti.
They dance very beautifully.
And if you look — when they dance, there is an opening in their dance.
Between their bodies there is an opening through which our spirit can pass.
And when it passes, it finds itself in the radiance of Adi Brahman, in the golden, divine world.
And there, in this divine world, a person receives abilities, talents, energy.
You can ask for anything.
And the Supreme will give it and protect, give the opportunity to pass through difficult times and everything else.
And after that one does not come back out of this state — one remains in it and simply opens the eyes.
And it is this kind of meditation that allows one to remain under the protection of higher forces and pass through difficult events both in heaven and on earth.

Mr. Ihor, as always incredibly interesting and quite enlightening.
I thank you very much for this episode and I want to announce the next meeting with Ihor Mykheda.
It will take place on February 19, Wednesday.
The same conditions of participation.
Mr. Ihor, what will the topic be this time?

Well, we have studied everything that our viewers asked for — they wrote in comments, wrote emails, letters to the email.
We chose a topic that many people are interested in and ask about — spiritual beings of the universe.
In the universe, besides humans, there are also spiritual beings — different ones — that really exist and can interact with a person.
These are, for example, gods and goddesses of different religions.
These are, for example, demigods, half-gods.
These are angels, eternal spirits.
These are elemental spirits.
And there are countless other supernatural beings that exist in the universe on different levels of being.
And each of these beings is responsible for some cosmic event that it can bring into the hands.

And how one can negotiate cooperation with these spiritual beings so as to bring one's affairs into a beneficial motion — starting from health and ending with some success on the physical plane,
and also interaction with the forces of nature — for example, how to call rain during drought, or conversely, when there are already strong rains and floods are coming and cities are being flooded — how to stop these forces.

All this is interaction with the forces that govern the cosmos and create it.
What they are like, how we can interact with them, and what rituals exist in different spiritual teachings and religions for interaction with these beings —
this we will examine and learn.

Thank you very much, Mr. Ihor.
Dear viewers, for those who are interested — in the description under this video there is my Telegram channel and a link to the magical chancellery — you can write there.
Registration information is already available.
Thank you all and until new meetings.
Thank you.

That is the complete translation of the provided text. Let me know if you need any part clarified or adjusted.